HOW DO YOU KNOW IF SOMEONE ELSE’S BEHAVIOUR IS BULLYING?

BULLYING is when you are treated in a way that makes you feel embarrassed, uncomfortable, scared, offended or upset.

SOME KINDS OF BULLYING:
- teasing and name calling
- hurting you or threatening to hurt you
- hurtfully excluding you from a group
- putting you down
- taking or damaging your property
- telling jokes about your culture, sex or physical appearance
- patting, pinching or touching you
- making faces or gestures about you

BULLYING CAN CAUSE:
- people to feel unwell or scared
- people to feel unhappy, lonely, angry or frustrated
- people to stay away from school
- people’s schoolwork to become affected
- embarrassment in front of others

YOUR RESPONSIBILITIES
Many cases of bullying are never reported to teachers or parents.

They should be reported so that adults can stop the behaviour and help keep you and others in our school safe!

HOW DO YOU KNOW IF YOUR BEHAVIOUR IS UPSETTING OTHERS?

If you are not sure that you are doing the right thing, you can:
- watch how others react towards your behaviour or language
- ask if your behaviour or language is upsetting others
- stop behaving in that way
- always treat others as equals
- talk about your behaviour with a teacher, your parents, or someone on your network

YOUR RIGHTS
Everyone has the right to be treated as a worthwhile person and to come to school without feeling unsafe. If someone bullies you, you have the right to object. What can you do if you are being bullied?

You can:
- tell the person who is offending you that you don’t like it, and that you want it to stop
- talk it over with your friends or parents
- talk it over with your class teacher or a staff member you feel comfortable with
- tell the school Chaplain (Mrs Ottens)
- tell the school Principal (Mrs. Richards)
- call the KIDS HELP LINE 1800 55 1800

If any of these ways to deal with the matter do not work, try someone else or keep telling until you feel safe again.
**MAKING A COMPLAINT**

When you make a complaint the person will:

- listen to you
- keep what you say private
- talk about what can be done

**WHAT HAPPENS NEXT?**

These things may happen after you make a complaint:

- there may be a separate meeting with you and the offender/s to talk over what happened and to work out a solution
- staff may work with the offender to help him/her change their behaviour
- the offender will be disciplined where appropriate under our School Behaviour Code

---

**WE NEED TO CARE FOR EACH OTHER AND BE CONCERNED ABOUT THE SAFETY AND HAPPINESS OF OTHERS**

---

**BULLYING:**

**YOUR RIGHTS AND RESPONSIBILITIES:**

**INFORMATION FOR STUDENTS**

**WE ALL HAVE THE RIGHT TO BE SAFE**